

Sample Question Paper
Subject: Home Science
Class XII

Full marks: 70

Time: 3hours

General Instructions:

- i. All questions are compulsory.
- ii. There are 35 questions in total.
- iii. The question paper is divided into three sections – Sections A, B and C.
- iv. Section A has questions Nos. 1 to 14 (multiple choice questions) of 1 mark each.
- v. Section B- Question Nos. 15 to 18 are case-based questions.
- vi. Section C- Question Nos. 19 to 25 of 2 marks each and questions No. 26 to 29 of 3 marks each.
- vii. Section D has questions No. 30 to 33 of 4 marks each and Question Nos. 34 and 35 of 5 marks each.
- viii. Internal choices are given in some questions.
- ix. Support your answer with suitable examples wherever required.

Q. No.		Mark
	Section – A (Multiple Choice Questions)	1x14=14
1.	Article 16 (1) of the Constitution of India guarantees a) Improving safety and health of women in work place. b) Free education for girls up to class XII. c) Protection of women against domestic violence, dowry and exploitation. d) equality of opportunity for all citizens in matters relating to employment and appointment to any office under the state.	1
2.	Given below are two statements labeled as Assertion (A) and reason (R) Assertion(A) -Nutrient based approach is very effective strategy to overcome nutritional deficiencies. Reason(R) -It has wide coverage and is inexpensive. Select the most appropriate answer from the options given below. a) Both A and R are true and R is the correct explanation. b) Both A and R are true but R is not the correct explanation. c) A is true R is false. d) d. A is false but R is true	1
3.	In tube feeding, nutritionally complete feeds are delivered through a tube. Which of the following are true about tube feeding? I. Food is introduced through the nose into the stomach II. Food is introduced through the mouth into the stomach III. Suitable if the person is unconscious or if there is a problem with the esophagus IV. Tubes are connected to the veins.	1

	Options: a) I, III, and IV b) II, III and IV c) I and III d) II and IV											
4.	Given below are two statements labeled as Assertion (A) and Reason (R)- Assertion (A): Drying helps in preservation of certain foods. Reason (R): Presence of moisture is a congenial condition for microbial growth Select the most appropriate answer from the options given below: a) Both A and R are true, and R is the correct explanation of A. b) Both A and R are true, but R is not the correct explanation of A. c) A is true, but R is false. d) A is false, but R is true.	1										
5.	_____ is the National Codex Contact Point (NCCP) for India a) Codex India b) World Trade Organisation c) National standards d) International organization	1										
6.	The guiding principles of Early Childhood Care and Education (ECCE) are a) Play as the basis of learning b) Mix of formal and informal interactions c) Art as the basis of education d) All of the above	1										
7.	The_____ scheme aims at involving college level students in programmes of social service and national development. a) Scouts and Guides b) National Service c) Promotion of Adventure d) Common wealth Programme	1										
8.	Match the List I with List II: <table><tr><td>List I</td><td>List II</td></tr><tr><td>A. Fashion</td><td>i. short lived fashions completely obsolete can come and go in a single season.</td></tr><tr><td>B. Style</td><td>ii. never become but instead remain more or less accepted for an extended period.</td></tr><tr><td>C. Fads</td><td>iii. the style or styles most popular at a given time.</td></tr><tr><td>D. Classic</td><td>iv. any particular look or characteristic in apparel or accessories.</td></tr></table>	List I	List II	A. Fashion	i. short lived fashions completely obsolete can come and go in a single season.	B. Style	ii. never become but instead remain more or less accepted for an extended period.	C. Fads	iii. the style or styles most popular at a given time.	D. Classic	iv. any particular look or characteristic in apparel or accessories.	1
List I	List II											
A. Fashion	i. short lived fashions completely obsolete can come and go in a single season.											
B. Style	ii. never become but instead remain more or less accepted for an extended period.											
C. Fads	iii. the style or styles most popular at a given time.											
D. Classic	iv. any particular look or characteristic in apparel or accessories.											

	Choose the correct option from the following- a) A-i, B-ii, C-iii, D-iv b) A-ii, B-iii, C-iv, D-i c) A-iii, B-iv, C-I, D-ii d) A-iv, B-iii, C-ii, D-i											
9.	The area that first attracts the viewer’s eye and adds interest to the garment is a) Rhythm b) Harmony c) Emphasis d) Balance	1										
10.	The way in which fashion changes is usually described as a) Fashion Development b) Peak of popularity c) Style d) Fashion cycle	1										
11.	It is one of the areas where persons with specialization in textiles and clothing, fabric and apparel can venture into entrepreneurial activities. a) The field of Care and Maintenance of fabrics b) Interior designer c) Set designer d) None of the above	1										
12.	Match the List I with List II <table border="1"><tr><td>List I</td><td>List II</td></tr><tr><td>A. Hotel</td><td>i. Offers broad range of facilities and leisure activities for ensuring a total vacation experience.</td></tr><tr><td>B. Motel</td><td>ii. Offers rented accommodation especially for sleeping and may not offer food and other services</td></tr><tr><td>C. Lodge</td><td>iii. Offers lodging, meals, parking</td></tr><tr><td>D. resort</td><td>iv. Offers lodging, meals and other services</td></tr></table> Choose the correct option: a) A-iv, B-i, C-ii, D-iii b) A-ii, B-i, C-iv, D-iii c) A-iv, B-iii, C-ii, D-i d) A-iii, B-ii, C-iv, D-i	List I	List II	A. Hotel	i. Offers broad range of facilities and leisure activities for ensuring a total vacation experience.	B. Motel	ii. Offers rented accommodation especially for sleeping and may not offer food and other services	C. Lodge	iii. Offers lodging, meals, parking	D. resort	iv. Offers lodging, meals and other services	1
List I	List II											
A. Hotel	i. Offers broad range of facilities and leisure activities for ensuring a total vacation experience.											
B. Motel	ii. Offers rented accommodation especially for sleeping and may not offer food and other services											
C. Lodge	iii. Offers lodging, meals, parking											
D. resort	iv. Offers lodging, meals and other services											
13.	To be successful in the field of consumer studies one need knowledge about a) Consumer protection mechanisms b) Redressal agencies c) Consumer football d) Both (a) and (b)	1										

14	Cretinism is caused due to the deficiency of _____ a) Iron b) Iodine c) Vitamin A d) Vitamin B12	1
	SECTION – B (VERY SHORT AND SHORT ANSWER QUESTIONS)	
	Read the following passage and answer the following questions: RRE (Red Ribbon Express) started its journey from Kanyakumari, followed the ‘Parikrama’ style and halted at 180 stations and covered almost all the states of India. During the halt at each station, the performing artists divided themselves into different groups. Each group had orators and performers who went to different villages to undertake Information Education Communication (IEC) activities such as street plays, folk songs, stories and group counselling sessions. Locally mobilized youth groups joined the team from the trains. The project was implemented by National AIDS Control Organization (NACO). Nehru Yuva Kendra Sangathan (NYKS) and International Agencies such as UNICEF and UNAIDS in cooperation with Indian Railways.	
15	The aim of RRE is/are- a) Spread information regarding primary prevention services. b) Develop an understanding of the disease, to reduce stigma and discrimination against people with AIDS. c) Enhance people’s knowledge about preventive measures, health habits and lifestyle. d) All of the above	1
16	It is one of the methods used in Red Ribbon Express (RRE) a) Mobile phone b) Campaign method c) Leaflet d) None of the above	1
17	The newer interactive method or format which has been successfully used as a people’s medium in RRE is a) Community Radio b) Discussion c) Group work d) Technology integration	1
18	Radio and television provide information or suggestion for action for public good like I. Obey traffic rules II. Say no to tobacco III. Announcement of Red Ribbon Express arrival in a station’s vicinity.	1

	IV. Educating the public about HIV/AIDS in rural and semi-urban areas. Choose the correct option from the following codes: a) I and II b) II and III c) III and IV d) I and V	
	Section C Very Short Answer type questions	
19	A 56-year-old man suffered a stroke. He is bedridden and has difficulty in chewing and swallowing. Enumerate any two steps involved in the nutritional care process that a medical nutrition therapist must follow for this patient.	2
20	A) Name any two nutrition programmes operating in our country? Or B) What are food derivatives? Give examples.	2
21	A) Why do we need to process and preserve food? Or B) Why are children and youth considered vulnerable?	2
22	A) Name any two fabric construction techniques. Or B) Target market is the category of consumers one is targeting at for selling the product. Give two reasons as to why is it essential to understand the target market.	1+1=2
23	Two persons have been recruited to a hotel, one as a bellboy and the other as a doorman. As the lobby manager, what assignment would you give to each of them.	2
24.	A). The development of a successful design depends on the understanding of basic design principles. What are the principles that can produce an appealing product? Or B) Since career in fashion industry combines style with business sense, a flair for fashion (alone) will not bring success. What are the additional divergent skills that a fashion designer must possess in order to succeed in this field?	2
25.	Nutritional Assessment is required to obtain information on the patient's nutritional status and nutrient needs. What aspects/steps are involved in conducting Nutritional assessment?	2
26.	The Juvenile Justice (Care and Protection of Children) Act, 2000 is the first legal framework for juvenile justice in India. Mention the two categories of children covered in this Act? What are the provisions of this Act towards such children.	1+2=3

27.	A) Name the six consumer rights established by the Government of India under the Consumer Protection Act (CPA)1986. Or B) Explain why Information and communication technologies (ICTs) are the future vehicles of development.	3 3
28	A) Suppose that you run a small business. List any 3 (three) ways by which you can create a positive work environment for your employees.	3
29	HACCP involves identification of food hazards during each stage in the food chain. (i) Give the full form of HACCP. (ii) Mention two reasons why implementing HACCP in food industry is important.	1+2=3
Section D		
30	Neha is designing a bridal gown. i. Suggest any two ways by which she can create rhythm in it? ii. Which colour scheme or colour harmony should she use if she wants to design the gown in a single hue? iii. III. Name any one technique that can enhance the texture of the gown through surface ornamentation.	1+1+2=4
31	You have just secured a contract to provide laundry service to a hospital. What are the specific laundry services required in a hospital? Outline the process of laundry functioning in hospitals.	2+2=4
32	A) The guest cycle falls largely under the domain of Front office. What are the services offered by the staff here? Name the four stages of the guest cycle. Or B) Your uncle is opening a luxury hotel and aims to use environmental and eco-friendly practices. Suggest any four practices that he can introduce in his new hotel to achieve his environmental goals.	2+2=4 4
33	Elaborate on the role of diet in disease causation and in disease prevention?	2 + 2= 4
34	A) It is important to recognize the elderly as a human resource and their rich experience should be used for national development. (i) To ensure a healthy and secure life for the elderly, which initiative was taken by the Government of India in the year 1999? (ii) State three reasons why the elderly are considered to be a vulnerable group. (iii) List any three facilities provided in multi-service centres for older persons. Or B) What is the full form of ECCE? If you are looking for a career in ECCE, list at least eight skills that you have to develop?	1+2+2=5 1+4= 5
35	A) Mention the main characteristics of an entrepreneur. Briefly explain any three characteristics. Or B) What is stress? List the ways by which a person can cope with stress.	2+3=5 1+4=5
