**GARO (MIL)**

**CLASS VII**

**PIECES TO BE READ:**

1. Ku∙siktangna Ka∙saani – *L. D. Shira*
2. Wangala – *L. R. Marak*
3. Pakmao Nikronggijagipa seani – *L. M. Holbrook, Sastroni Kattarang*
4. Minggittam Ui∙e Ra∙na Nanggnirang – *Seming D. Sangma*
5. Pandit Jawaharlal Nehru – *Wennish K. Sangma*
6. Balgitchak Sikar Ka∙a – *Mackenson Rongmuthu*
7. Gamgipa – *Kosan G. Momin*
8. Mikbua – *Rev. G. K. Marak*
9. Hai Mo Chadamberang – *Rev. W. R. Marak*
10. Do∙kua – *D. N. Sangma*

**\*** *Appropriate and relevant elements of Grammar may be selected by the schools.*

**Prescribed Textbooks:**

1. **Poraiani Ki∙tap-VII**

- Unimind Publishing Group, Araimile, New Tura.

2. **A∙chik Grammar** – E. G. Phillips

3. **A∙chik Composition & Essay** – K. M. Momin

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**KHASI (MIL)**

**CLASS- VII**

**A. Ka Lyngkha Sara Bynta- V (Kot Pule)**

**Pieces to be read:**

**Prose:-**

1. U Barliwell Suting
2. Ka Thew ka Woh bad ka Khein ka Diah U Khasi
3. Ka Kmie ki Baduk Tam
4. U Buittuh
5. U Khlawait ki Pnar
6. Ka Lukhimai
7. U President ki Paidbah
8. U Hynniewtrep
9. Ka Iew Luri Lura
10. U Mar Phalyngki
11. U Sier Lapalang
12. Ki Ktien Tymmen
13. Ka Jingkylluid Mynsiem
14. Ki Dak Thoh Khasi
15. Ka Tipbriew
16. Pynap Liewlep

**Poetry:-**

1. Kum ‘ Per Syntiew’
2. Ka Ri Khasi
3. Ka Sohra
4. Ka Mynta kaba Tam
5. Shlur Te Jop
6. Pisa
7. Ka Jingbishni
8. I Mei I Pa
9. Jingim Briew
10. Ka Tiew Lalyngngi

**Note:-** Schools may choose their own topics by taking atleast 8 pieces from prose and 5 pieces from poetry.

**B. Ka Lyngkha Sara Bynta- V (Kot Pyrshang)**

1. U Barliwell Suting
2. Ka Thew ka Woh bad ka Khein ka Diah U Khasi
3. Kum ‘ Per Syntiew’
4. Ka Kmie ki Baduk Tam
5. U Buittuh
6. Ka Ri Khasi
7. U Khlawait ki Pnar
8. Ka Lukhimai
9. Ka Sohra
10. U President ki Paidbah
11. Ka Mynta kaba Tam
12. U Hynniew Trep
13. Ka Iew Luri Lura
14. Shlur Te Jop
15. U Mar Phalyngki
16. U Sier Lapalang

**C. Ki Dienjat Ha U Shyiap**

**Pieces to be read:**

1. U Syiem ka Jinglaitluid
2. U Nongphawar na Mawmluh
3. Katba ki Sngi ki Nangiaid

**D. Jingsneng Tymmen Part-I**

**Pieces to be read:**

**Chapter**: -1 - 10

**D. Grammar & Composition:-**

**Hints on the study of the Khasi Language**

**Pieces to be read:**

1. The Verbs:
2. Voice
3. Auxiliary Verbs
4. Tense
5. Ktien Kynnoh: Dak - Shin **haduh** Iohthiah - Iohdem

**Prescribed Textbooks:**

**-Ka Lyngkha Sara Bynta- V (Kot Pule & Kot Pyrshang)**

**-** Hima Book Stall, Shillong-793002

**-Ki Dienjat Ha U Shyiap**

- Ri Khasi Publication, Mawkhar, Shillong-793001

**-Jingsneng Tymmen Part-I**

**-** Ri Khasi Press, Umsohsun, Shillong-793001

**-Hints on the study of the Khasi Language**

**-** Ri Khasi Publication, Mawkhar, Shillong-793001

**ASSAMESE (MIL)**

**CLASS VII**

**Curricular contents**

**Prose, Poetry & Grammar-**

**Pieces to be read:**

1. Katha Bartat Aacharan
2. Manab Sewa – Iswar Sewa
3. Honali Rajhah
4. Biyakaran Path - Patriya
5. Aakasijanar Katha
6. Biyakaran Path – Bikhekhanar Tulana
7. Bondhu
8. Olypmic Khel
9. Dharmiya pratik ba sinha
10. Bastubigyan Adhyayan
11. Ut
12. Biyakaran Path – Toddit pratay
13. Hahi
14. Aami aru aamar purbapurukh
15. Bigyanar Rikhi Einstein
16. Biyakaran Path – Purukh

**PRESCRIBEDTextbook:**

**Natun Diganta 7**

-M/s Assam Business Machines Co. (ABM), M. C. Road, Guwahati-3

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**BENGALI (MIL)**

**CLASS VII**

**Curricular contents**

**PROSE:**

**Pieces to be read:**

1. Barna By Ishwarchandra Vidyasagar
2. Chelebela By Rabindranath Tagore
3. Lalur Pathabali By Sharatchandra Chottopadhyay
4. Pnchish Bachar Pore By Es. Awajed Ali

5. Gurumashay By Bibhutibushan Bandyapadhyay

**POETRY:**

**Pieces to be read:**

1. Bharat Milan By Krittibas Ojha
2. Bangabhasha By Madhusudan Dutta
3. Ichamati By Rabindranath Tagore
4. Jagarani By Nazrul Islam
5. Fnota By Subhash Mukhopadhyay

**RAPID READER:** Subhash Theke Netaji by Suniti Mukhpadhyaya.

**GRAMMAR & COMPOSITION:**

1. Bibhana prakar barner songa
2. Kal o tar prakar
3. Linga paribartan
4. Ek kothay prakash
5. Bishistarthak Shabdar pryog
6. Darkhastha likhan
7. Rachana

**PRESCRIBED Textbooks:**

**a) Sahaj Para - VII**

**-M/S Assam State Textbooks Production & Publication Corporation, Guwahati Ltd.**

**b) Grammar Book**

**Bani Bichitra (Class IV – VII) By Piyush Deb**

**c) Rapid Reader**

**Subhash Theke Netaji by Suniti Mukhpadhyaya.**

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**HINDI (MIL) FIRST LANGUAGE.**

**CLASS – VII**

1. **Prose (Pieces to be read)**
2. Yudh ke neta aur santi ke agroduth –Lal Bahadur Sastri, by Puran Chand Tandan.
3. Bhagat Singh ke patra by Bhagat Singh.
4. Aasirvachan by Jayshankar Prasad
5. Chori aur prayashit by Mohan Das Karamchand Gandhi
6. Jiwani aur Sikshan by Aacharaya Binoba Bhawe
7. Chakrabihu Bhedak-Abhimanyu by Dr. Puran Chand Tandan.
8. **Poetry (Pieces to be read)**
9. Sat naman mera tumeh by Kedarnath Mishra ‘Prabhat’
10. Gulabi Churia by Nagarjun
11. Navyuko ke prati by Methalishran Gupt.
12. Nitiparakh dohe by Brind.
13. **(i) Grammar (Pieces to be read)**
14. Varnmala, Nagri lipi tatha varn.
15. Swaroon ki Matraien Evom Sangyugta Varn.
16. Varno ke uchharan tatha Sudh Vartani
17. Sangya ke vikar
18. Karak
19. Visheshan: Bhed tatha roop rachana
20. Kriya: Bhed tatha roop rachana
21. Viram –Chinha.
22. Sabd – Bhandar.
23. Muhawarien.
24. **(ii) Composition**
25. Nibandh lekhan (essay writing)
26. Apathith gadhyansh (unseen passage).

**Prescribed textbooks for prose & poetry**

1. a) Hindi Reader VII Pallav Pathmala
2. Hindi work book –VII Pallav Athyas   
   M/S Neeta Prakshan, A – 4, Ring Road, South Extension-1,

New Delhi – 110049.

**Prescribed textbooks for Grammar & Composition*.***

1. Together with Hindi – VII.
2. Hindi Vyakaran evom rachana.

M/S Rachna Sagar Pvt. Ltd. 4583/15, Daryagunj, Delhi.

1. Learn Hindi –Learn Khasi (Dictionary)
2. Learn Hindi –Learn Garo (Dictionary)

M/S Gewali Publication, Upper Mawprem, Shillong – 2.

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**NEPALI (MIL)**

**CLASS VII**

**I. PROSE**

**Pieces to be read:**

1. Parisharam
2. Sahid Captain Nongrum
3. Japani Yuvati Samjhanako Gheroma
4. Gorkhe Jeep
5. Vailo Ra Deyushi
6. Shistuchar
7. Meghalaya
8. Kati Galti
9. Raju
10. Nepali Jatiko Pragati
11. Aama
12. Hamro Prithibi

**II. POETRY**

**Pieces to be read:**

1. Vidhyadaini Mata
2. Chamka Yuvak
3. Kalambir
4. Vidhaya
5. Shishu Shiksha Ra Matriboli
6. Aajako Tanheri

**III. GRAMMAR & COMPOSITION**

**Pieces to be read:**

1. Essay Writing
2. Comprehension
3. Visheshan, Vakya, Viparit Sabdha, Paryay Vachi Sabdha, Sammocharit Sabdha, Sandhi Viched, Kriya Ra Yesaka Prakar, Vawavistar(Expand the idea).

**PRESCRIBED TEXTBOOKS:**

1. **Madhyamik Nepali Sahitya Bhag-3**

- Textbook Committee Nepali, Shillong.

2. **Vyakaran Saurav – by Bishnu Sharma Adhikari**

- Pushpa Prakashan.

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**ENGLISH**

**CLASS-VII**

**Pieces to be read:**

**I. Prose:-**

1. My Diary—Sowmya Rajendran and Niveditha Subramaniam
2. When I Was Twelve—R K Laxman
3. Chess for Children: A Smart Move—Chitra Padmanabhan
4. My Mother’s Game—Nandini Nayar
5. Tremendous Tree—Paro Anand
6. The Cherry Tree—Ruskin Bond
7. Chuskit Goes to School—Sujatha Padmanabhan
8. His First Flight—Liam O Flaherty
9. The Dragon Rock—Ellena Ashley
10. The Riddle of the Poem—Subhadra Sen Gupta
11. Why Pigs Are Dirty—Anonymous
12. The Why-Why Girl—Mahasweta Devi

**II. Poetry:-**

1. I Love Myself the Way I Am—Anonymous
2. Mascot—Gareth Owen
3. Daffodils—William Wordsworth
4. It Couldn’t Be Done—Edgar Albert Guest
5. Demon on the Hill—Shanta Rameshwar Rao
6. Colour of My Dreams—Peter Dixon

**III. Rapid Reader:-** Three Shakespeare Comedies

**IV. grammar & Composition:-**

**Pieces to Be Read:**

1. The Sentences

2. Affirmative and Negative Sentences

3. Formation of Interrogative Sentences

4. The Noun

5. Pronoun

6. Determiners

7. The Adjective

8. The Verb

9. The Verb-Expressing the Present

10. The Verb-Expressing the Past

11. The Verb-Expressing the Future

12. Subject-Verb Agreement

13. The Adverb

14. The Preposition

15. The Conjunction

16. Articles

17. Direct and Indirect Speech

18. Vocabulary

19. Comprehension

20. Essay Writing

21. Paragraph Writing

22. Story Writing

23. Letter Writing

**Prescribed TextbookS:**

- **My English garden-vii (Coursebook & workbook)**

-M/s Madhubun Educational Books, First Floor, N.U. Tower, M. L. N. Road,

Guwahati-781001.

**- Graded English Grammar & Composition-VII**

-M/s Avichal Publishing Company, 1002-1003, Faiz Road, Karol Bagh, New

Delhi- 110005.

**- Three Shakespeare Comedies (Rapid Reader)**

- M/S Macmillan Publishers India Pvt. Ltd., S. C. Goswami Road, Panbazar,

Guwahati – 781001.

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**HINDI THIRD LANGUAGE**

**CLASS VII**

**Curricular contents**

**Prose & Poetry:**

* 1. Vinti (Kavita)
  2. Mitra Bal
  3. Aadmi ka lalach
  4. Dhokebaaz Shikari
  5. Sir Isaac Newton
  6. Krismas Ka Bara Din (Kavita)
  7. Hamara Ghar
  8. Dusht Haathi
  9. Meri Shikshika
  10. Chalal Lomri
  11. Prakriti ka sandesh
  12. Elisa
  13. Hamare Per Paudhe
  14. Phool hamesha muskata hai
  15. Hamara Sharir
  16. Mitra ko patra
  17. Meghalay ke tyohar

**Grammar:**

1. Bhasha aur Vyakaran
2. Varna Vichar
3. Shabd Vichar
4. Sangya
5. Sangya ke vicar : (ka) ling
6. Sangya ke vicar : (kha) ling
7. Sangya ke vicar : (ga) ling
8. Sarvnam
9. Visheshan
10. Kriya
11. Kaal
12. Avikari shabd
13. Sambandbodhak
14. Samuchyabodhak
15. Vismayadibodhak
16. Vakya Rachna
17. Vilom Shabd
18. Pariyavarchi Shabd
19. Anek Shabdon ke liye ek shabd
20. Samocharit Shadb
21. Shuddh Ashuddh Rup
22. Muhavre
23. Lokoktiya

**Composition:**

1. Kahani Lekhan
2. Patra Lekhan
3. Nibandh Lekhan

**PRESCRIBED textBOOKS:**

1. Megahlaya Hindi Patmala-4
2. Meghalaya Hindi Writing-4

- M/s Gewali Publications, Upper Mawprem, Shillong-2

1. Saral Vyakaran-5 (Hindi Grammar)

- M/s Orient Publishing Company, 17/10, Central Market, Ashok Vihar, Delhi-110052

1. Learn Hindi –Learn Khasi (Dictionary)
2. Learn Hindi –Learn Garo (Dictionary)

-M/S Gewali Publication, Upper Mawprem, Shillong – 2.

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**MATHEMATICS**

**CLASS VII**

**CURRICULAR CONTENTS:**

**UNIT I – NUMBER SYSTEM**

1. Knowing Our Numbers
2. Fractions
3. Rational Numbers
4. Decimals

Maths Lab Activity

1. Powers and Exponents

**UNIT II - ALGEBRA**

1. Algebraic Expressions
2. Simple Linear Equations

Worksheet

**UNIT III – COMMERCIAL MATHEMATICS**

1. Ratio and Proportion
2. Percentage

**Maths Lab Activity/Worksheet**

**UNIT IV - GEOMETRY**

1. Understanding Shapes

**Maths Lab Activity**

1. Properties of Triangles

**Maths Lab Activity**

1. Symmetry

**Worksheet**

1. Representing 3D in 2D

**Maths Lab Activity**

1. Congruence

**Maths Lab Activity/Worksheet**

1. Construction

**Maths Lab Activity**

**UNIT V- MENSURATION**

1. Perimeter and Area

**Worksheet/Maths Lab Activity**

**UNIT VI – DATA HANDLING**

1. Data Handling and Probability

**Maths Lab Activity/Worksheet**

**FINANCIAL EDUCATION**

Term 1: Go for shopping

Term 2: Simple interest Rate

**Crossword/Activities**

18. Comprehensive Assessment 1-2

19. Answers

**PRESCRIBED TEXTBOOK:**

**-Maths Alive – VII (Course book & Workbook)**

- M/S Harper Collins Publishers India, A-75, Sector-57, Noida – 201301, U.P.

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**SCIENCE & TECHNOLOGY**

**CLASS VII**

**CURRICULAR CONTENTS**

1. Nutrition in Plants
2. Nutrition in animals
3. Fibres to Fabrics
4. Heat
5. Acids, Bases and Salts
6. Chemicals and Chemical changes
7. Weather, Climate and Adaptations of Animals to Climate
8. Wind, Storms and Cyclones
9. Soil
10. Respiration in Organisms
11. Movement of substances in Animals and Plants
12. Reproduction in Plants
13. Materials and their Properties
14. Motion and Time
15. Electric Current and its Effects
16. Light
17. Sound
18. Air Pollution and its Effects
19. Water

**PRESCRIBED TEXTBOOK:**

**1. Science Explore and Learn – VII**

- M/S Anshu Publication, Bara Bazar, Shillong – 1.

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**Social Science**

**CLASS-VII**

**CURRICULAR CONTENTS**

**Section–A: History—Our Past**

1. The Rajput Kingdoms in India
2. Society and Culture in the Rajput Period
3. Turkish Invasion on India
4. Sultanate of Delhi
5. Towns, Traders and Craftsmen
6. Mughals in India
7. Social, Economic and Cultural Conditions Under the Mughal Rule
8. Decline of the Mughal Empire
9. Bhakti and Sufi Movements
10. Vijayanagar and Bahmani Kingdoms
11. Financial Education—1. Need and Sources of Borrowing,

2. Role and Functions of the RBI

**Section–B: Civics**

1. Our Constitution
2. The Preamble
3. Chief Features of the Indian Constitution
4. Our Fundamental Rights and Duties
5. Law-making Bodies
6. How does the Parliament Act?
7. The Central Government
8. The State Government
9. Our Judicial System
10. Financial Education — 1. Consumer Protection,

2. Introduction to Banking

**Section–C: Geography**

1. The Environment
2. Human Environment
3. Lithosphere — The Solid Crust of the Earth
4. Hydrosphere
5. Natural Vegetation and Wildlife
6. Life in the Tropical and Sub-tropical Regions
7. Life in the Temperate Grasslands
8. Life in the Deserts
9. India — Major Physical Divisions
10. Weather and Climate
11. Managing Disasters
12. Meghalaya — An Overview
13. Road Safety and Road Etiquettes
14. Financial Education — 1. Banking: Types of Accounts,

2. Banking: With New Technology

**Prescribed Textbook:**

**- Orchid Social Sciences-VII**

-M/s Yogson International, H-159, Sector-12, Noida-201301

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**HEALTH & PHYSICAL EDUCATION**

**CLASS- VII**

**CURRICULAR CONTENTS**

**Unit I – Art of Living Together**

1. Man, Community and Health
2. The Characteristics of a Good house

**Unit II – The House and Its Surrounding**

1. Site for a Dwelling House
2. Animals in the House and its Surroundings
3. Household Pests and Their Eradication
4. Sanitary Arrangements in Dwelling Houses

**Unit III – Health Hazards**

1. Air Pollution
2. Water Pollution
3. Other Sources of Pollution

**Unit IV – Food and Nutrition**

1. Constituents of Food
2. Balanced Diet, Malnutrition and Deficiency Diseases
3. Cooking and Preservation of Food

**Unit V – Organisation of Public Health in State**

1. Public Health Institution
2. Water Supply, Environment Sanitation and Adulteration of Food

**Unit VI – Air and Water**

1. Importance of Air
2. Water

**Unit VII – Communicable Diseases**

1. Introduction to Communicable Diseases
2. Air Borne Diseases
3. Water Borne Diseases

**Unit VIII – First Aid and Safety Habits**

1. First Aid
2. Home Safety, Road Safety and School Safety

**Unit IX – Physical Exercise**

1. Beneficial Effects of Physical Exercises

**Unit X – Human Body**

1. Skeletal and Muscular Systems
2. Respiratory and Excretory Systems
3. Digestive, Circulatory and Nervous Systems

**Unit XI – Adolescence Eucation**

1. Peer Pressure

**Unit XII – Social Awareness**

1. Social Health

**Unit XIII – Yoga - A healthy Way of Living**

1. Flexibility
2. Kriya and Pranayama
3. Asanas for Flexibility

**Prescribed Textbook:**

**- Scholar’s Health Education Book VII**

-M/s Scholar Publishing (P) Ltd., 542/16, Joshi Road, Karol Bagh, New Delhi-110005.

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**ENVIRONMENTAL EDUCATION**

**CLASS VII**

**CURRICULAR CONTENTS**

**Unit I: ENVIRONMENT AND NATURAL RESOURCES**

1. Water - A Precious Resource
2. Atmosphere - A Blanket of Air
3. Soil - A Medium of Growth
4. Forests - A Natural Resource

**Unit II: MAN AND ENVIRONMENT**

1. Responses and Adaptation in changing Environment
2. Modification of Environment by Humans, their Activities and Population Growth
3. Consequences of Human Activities
4. Maintaining Peace, Harmony and Balance in Nature

**PRESCRIBED TEXTBOOK:**

- **A Textbook of Environmental Education– VII**

- M/S Goyal Brothers Prakashan, D-231-232, Sector – 63, Noida – 201301 (U.P.)

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**COMPUTER SCIENCE**

**CLASS-VII**

**Curricular contents**

1. Computer Fundamentals
2. More Features of MS Word
3. MS Word – Mail Merge
4. More on MS Excel
5. Advanced Features of MS Excel
6. Computer Viruses
7. More on QBasic
8. Advanced QBasic
9. Introduction to HTML
10. Internet Service/Surﬁng Net
11. Number System

**PRESCRIBED TEXTBOOK:**

**- Learning Universe Computers-VII**

-M/s Laxmi Publications Pvt. Ltd., Hemson Complex, M.D. Shah Road, Paltan Bazar, Guwahati-781008

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**CREATIVE EXPRESSION/ART EDUCATION**

**CLASS VII**

**PRESCRIBED TEXTBOOK:**

- **Art Master-VII**

-M/s Amenta Publications, F-6, tdi Fun republic Mall, Moti Nagar, New Delhi-110015.

- Whole Book to be completed.

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**WORK EDUCATION**

**CLASS-VII**

**PRESCRIBED TEXTBOOK:**

- **WOW! SUPW- VII**

-M/s Allied Publishers. 1/12-14, Asaf Ali Road, New Delhi-110002.

- Whole Book to be completed.

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**GENERAL KNOWLEDGE**

**CLASS-VII**

**PRESCRIBED TEXTBOOK:**

- **Spotlight General Knowledge-7**

-M/s Cordova Publications Pvt. Ltd., C-141, Sector-63, Noida(U.P.)

- Whole Book to be completed.

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**VALUE EDUCATION**

**CLASS-VII**

**PRESCRIBED TEXTBOOK:**

- **Garden of Life-vii**

-M/s Macmillan Publishers India Pvt. Ltd., S. C. Goswami, Panbazar, Guwahati-781001

- Whole Book to be completed.

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